# Neighbors Helping Neighbors- Ways to Help

## Notes of Encouragement

#### Children's Health - Send an eCard

Encourage patients and caregivers with a short message to let them know you're cheering them on. Learn more <u>here</u>.

#### Parkland Hospital - Send an online Thank You note

Send a message of encouragement to frontline care providers. Learn more here.

#### Visiting Nurse Association of Texas - Mail card or artwork

Mail cards and artwork to brighten a senior's day at VNA Texas at 1440 W. Mockingbird Lane, Dallas, TX 75247, Attention to Tracie Demery, Community Engagement Coordinator. learn more at <a href="https://www.vnatexas.org/greetingcards">www.vnatexas.org/greetingcards</a>.

## Health & Emergency Preparedness

American Red Cross North Texas - The American Red Cross of North Texas serves a population of over 9 million people in 121 counties and is made up of 7 local chapters including: Dallas-Forth Worth, Texoma Area, Texas Panhandle, Texas South Plains, East Texas, Northeast Texas & Texas Big Country.

- Virtual Volunteers are needed to join the local Disaster Services team. Apply online here.
- COVID-19 Convalescent Plasma Program In coordination with the U.S. Food and Drug Administration (FDA), the Red Cross is seeking people who are fully recovered from the new coronavirus to sign up to donate plasma to help current COVID-19 patients. Patients who have fully recovered following a COVID-19 diagnosis may have antibodies in their plasma that can help those with serious or immediately life-threatening COVID-19 infections. Learn more <a href="here">here</a>.
- Donate Blood Healthy donors are encouraged to book an appointment online <u>here</u>.

#### Crisis Text Line - Become a Mental Health Crisis Counselor

You will be trained to provide 24/7 support for those in crisis. The greatest needs are in the evenings. Learn more at: <a href="https://www.crisistextline.org/become-a-volunteer/">https://www.crisistextline.org/become-a-volunteer/</a>.

#### **Texas Health Resources - Donate Blood Plasma**

Texas Health Resources is working together with Carter BloodCare to find patients who have recovered from coronavirus and are able to donate blood plasma. Learn more <a href="here">here</a>.

#### **UT Southwestern - Donate Blood Plasma**

Become a COVID-19 convalescent plasma donor. To determine whether you meet the requirements, the first step is to undergo COVID-19 Donor screening performed through Carter BloodCare. Learn more here.

**Volunteer as a Medical Professional** - If you are an active or retired health care provider, a medical or nursing student, send an email to the <u>Dallas County Medical Society</u> at <u>Volunteer@Dallas-CMS.org</u> to learn how to help.

## Food, Hunger, and Social Service Opportunities

#### All For Good - Volunteer from Home

Search for a number of virtual volunteering opportunities, from writing to creating care packages, by clicking the COVID-19 Response Volunteer "From Home" option. Learn more <a href="here">here</a>.

#### **Network of Community Ministries**

Network of Community Ministries is a non-denominational, community-based organization providing emergency services to families in need. The Network service area includes the 14 zip codes in Dallas County that make up Richardson ISD.

- Healthy individuals are encouraged to volunteer, sign up here.
- Donate to the Food Pantry, click here for list of most needed items.
- Purchase items from Amazon Wish List here.

**North Texas Food Bank** - The ongoing COVID-19 pandemic is leaving thousands without an income. Many people are facing hunger for the first time. As the Food Bank and partners see the need increase, support is needed to feed hungry neighbors. Your gift helps create critical meal boxes for hungry children, families and seniors in our community.

- To volunteer virtually from home, visit <a href="https://ntfb.org/virtualvolunteer/">https://ntfb.org/virtualvolunteer/</a> for details.
- To host an online fundraising campaign, visit <a href="https://ntfb.org/events/communityevent/">https://ntfb.org/events/communityevent/</a>.

#### **Healing Hands**

Healing Hands provides medical care for patients who do not have insurance as well as patients who have Medicaid or private insurance. Though they have begun using Tele-Health as much as possible, they are still seeing many patients in person and have seen an increase in demand. Please consider donating if you are able. <a href="http://healinghandsdallas.org/">http://healinghandsdallas.org/</a>

#### St. Vincent de Paul Pharmacy

St. Vincent de Paul Pharmacy provides free pharmaceuticals for those who qualify. This is located in the heart of Vickery Meadow and serves many families in need. Due to COVID-19, they have suspended their campaign to seek donations from local churches. If you are able, please consider donating, as they have seen an increase in demand. <a href="https://svdpdallas.org/pharmacy/">https://svdpdallas.org/pharmacy/</a>

#### **Vickery Meadow Food Pantry**

Consider donating directly to this food pantry through the <u>Vickery Meadow Youth Foundation</u> <u>website</u>. Select "Donate" and under "Additional Information" select "Coronavirus Response." 100% of donations to this category will go directly to the food pantry.

**VNA Meals on Wheels** provides hot, nutritious, freshly prepared meals five days a week to Dallas County residents who can't provide for themselves due to illness, advanced age or disability.

- Donate Use the VNA website to donate at https://www.vnatexas.org/ and click "Give."
- Healthy individuals are needed to deliver meals, learn more at https://www.vnatexas.org/.
- Make cloth masks, instructions can be found at <a href="https://www.vnatexas.org/cottonmask">www.vnatexas.org/cottonmask</a>.

## **Education & Child Advocacy**

#### Dallas CASA - Become a Volunteer Advocate

Dallas CASA serves abused and neglected children in foster care. Upcoming volunteer orientation sessions, held via Zoom, planned for May 14, 21 and 29. Register online at <a href="https://www.dallascasa.org/">https://www.dallascasa.org/</a>.

#### **Dallas Children's Advocacy Center**

DCAC coordinates the investigation, prosecution, and healing services for the most severe cases of child abuse in Dallas County.

- Please consider making a donation online at <a href="https://www.dcac.org/donate">www.dcac.org/donate</a>.
- Get educated on how to recognize and report child abuse and how to keep children safe in the real and digital world. Trainings are available for free <a href="here">here</a>. Use discount code SAVEJANE for the Recognizing and Reporting Child Abuse training and code GETEDUCATED for Keeping Your Child Safe in the Real and Digital World.
- DCAC will be conducting video conference volunteer orientations. Learn more about volunteering at <a href="https://www.dcac.org/volunteer">www.dcac.org/volunteer</a>.

#### Dallas ISD Partnership & Volunteer Services - Gift Card Donations

DISD has determined that the most efficient form of support to families and schools is donated gift cards. You may send gift cards purchased from Target, Walmart, Kroger, or other retailers in increments of \$50 and \$100 by mail to: Dallas ISD Partnership & Volunteer Services, Dallas Independent School District, 9400 N. Central Expressway, Box 21, Dallas, TX 75231. The district will identify families most in need of assistance and ensure your gift reaches them in a timely manner.

#### **Dallas ISD - Food Distribution Assistance**

Community members who want to donate their time to assist with food donations are required to register online at <a href="https://dallasisd.voly.org">https://dallasisd.voly.org</a>. Once you complete the volunteer application and online orientation, email Partnership and Volunteer Services at <a href="mailto:volunteer@dallasisd.org">volunteer@dallasisd.org</a> with information about the best time and day for your volunteer service.

#### Reading Partners - Become a Reading Partner

Reading Partners is a national nonprofit that mobilizes communities to provide students with the proven, individualized reading support they need to read at grade level by fourth grade. Sign up to volunteer here: https://readingpartners.org/volunteer/.

#### **United to Learn - Virtual Career Day Speaker**

Calling all professionals to inspire students! To create an interactive and inspirational outlet for children to learn about and explore new activities during this uncertain COVID-19 global pandemic, United to Learn has designed a live, virtual channel that will allow you to share or present your hobby or day-to-day responsibilities during a typical workday. Click below to embark on an adventure with Dallas ISD students! Learn more here: http://unitedtolearn.org/careerdays/

#### United to Learn - Art Kits for Jack Lowe Elementary

United to Learn is seeking art kits for one of their partner elementary schools, Jack Lowe Elementary. Jack Lowe, located in Vickery Meadow, serves 583 students with a very high population of refugee families. Since most students lack basic art supplies in their homes, we'd like to provide the following supplies to each Jack Lowe Elementary student. Learn more <a href="here">here</a>.

#### United to Learn - Book Donations for DISD Families

Families are in need of children's books tailored for Pre-K through 5th-grade readers. United to Learn is collecting gently-used books for students, which will be distributed at schools with other learning materials. For delivery instructions, please contact Mia Muric at <a href="mmuric@unitedtolearn.org">mmuric@unitedtolearn.org</a>.

Rep. Turner and members of his staff have no affiliations with the organizations listed above. All are public agencies or 501(c)(3) non-profits.

### Our Office's Contact Information

Dallas Office:10300 N. Central Expressway, Ste. 198 Dallas, TX 75231 | (214) 234-7625

Austin Office: P.O. Box 2910 Austin, TX 78768 | (512) 463-0576

Email: District114.Turner@house.texas.gov

###

The Texas House of Representatives is an Equal Opportunity Employer and does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services. This newsletter is available in alternate forms upon request. Please call 1-800-241-1163.